SPORTS CLASSES
Ages 2-5 • Boys & Girls
LEONIA

In association with Leonia Recreation Department

T-Ball squirts

T-Ball Squirts is a great way to introduce your young sluggers to the exciting game of baseball and softball! Focus is on the fundamental skills of the game; including hitting, throwing, catching and running the bases.

Our progressive T-Ball curriculum enables each child to develop their skills, and understanding of the game.

Using safe and developmentally appropriate equipment, core components of T-Ball are learned through a series of fun games and activities designed to reinforce fundamental skills and incorporate game situations. (Players may bring their own glove, although not mandatory).

- Hitting
- Running the bases
- Fielding / Catching
- Field Positioning
- Team Work

Parent & Me squirts

The US Sports Institute's Parent & Me Sports Squirts programs have been designed to introduce children aged 2-5 years old to a variety of sports, games and group activities, all with the help of Mom or Dad!

All our progressive curriculums enable you and your child to work together to learn the key skills and techniques in each sport. Parent & Me classes are offered in Total Sports Squirts and Soccer Squirts.

Movement & Coordination - Spatial Awareness - Gross Motor Skills
Sport Specific Technique - Balance

Total Sports squirts

Want to try a variety of sports? The Total Sports Squirts program is ideal for the child who wants to try their hand at a little of everything, allowing children to experience a new sport in each session of the program.

Participants have the opportunity to try lacrosse, soccer, basketball, t-ball, floor hockey, parachute games and more, in a safe, fun and structured environment.

Soccer • Basketball • Lacrosse
T-Ball • Hockey

SPRING 2014 LISTINGS

Code	Day	Date	Time	Age	Fee
Classes below take place at Wood Park					
Parent & Me: Total Sports					
PM21257	Sun	4/27 –6/15	9:10 AM –10:00 AM	2 to 3	$130
Total Sports Squirts					
SP21258	Sun	4/27 –6/15	10:15 AM –11:15 AM	3 to 5	$130
SP21259	Sun	4/27 –6/15	11:30 AM –12:30 PM	5 to 7	$130
T-Ball classes below take place at Station Parkway					
T-Ball Squirts					
TB21472	Sat	4/26 –6/14	1:30 PM –2:30 PM	3 to 5	$130
TB21473	Sat	4/26 –6/14	2:45 PM –3:45 PM	3 to 5	$130
TB21474	Sat	4/26 –6/14	4:00 PM –5:00 PM	5 to 6	$130

On April 1 the cost of the classes will increase to $155
Please register early to avoid incurring the late fee.

EARLY BIRD 10% DISCOUNT:
Use coupon code PEB14
Valid until March 1: see online for terms & conditions

US SPORTS institute

(866) 345-BALL
USsportsInstitute.com

REGISTER NOW!

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Summer camps now listed online: 10% Early Bird discount applies