

10.22.20

Meeting started at 8:00 pm

In attendance: Isabelle Van Sickle, Stella Jang, Jamie Sclafane, Maryellen Peters Neu

- Trunk or Treat: Isabelle is volunteering to set up the SFTF table and distribute candy and other Stigma Free related giveaways. Please drop off candy donations with Isabelle on Friday October 30th.
- Stress reduction zoom class for teachers, administrators, and staff of Leonia Schools: We are still seeking approval. Caroline will reach out to Dr. Bertolini via phone and or ask Mr. Kalender to reach out on our behalf.
- We will start to share mental health and crisis resources via social media and the Leonia Health Department website. For social media we can post more frequently and focus on one resource at a time. For the website we can create a pdf or a list of a diverse range of resources that may be of particular need at the moment.
- Project with DECA: a student from DECA will be in touch regarding a potential collaboration. This will be a great opportunity to help via a student-led organization.
- Looking to raise money for a Stigma Free scholarship
- Pumpkin Carving Contest: to boost the sense of community within Leonia.
- We can increase awareness at each school through creating competitions- possibilities are art, poetry, music, etc. The possibility of prizes and scholarships was also discussed.
- The creation of a parent support group to support parents as they navigate through the unique issues that social distancing has created. Training in coping skills may be particularly useful as we approach winter.