

Leonia Stigma Free Task Force  
Meeting Minutes  
4.13.21

In attendance: Caroline Gacia, Jacki Szabo, Isabelle Van Sickell, Stella Jang, Judy Wong

Up-Dates and New Items

-Parent Support Group: this group met twice monthly from December through March 31st. The last meeting was led by Alyson Raskin, and she taught the group about Non-Violent Communication. We are grateful to Jacki and others who were involved in helping the parents in our community. Their efforts are now focused on helping the AAPI community.

-T-shirts have been donated to us through the Bergen County Division of Mental Health

-Mental Health Awareness Month is May

- T-Shirt Design Contest: Isabelle has created flyers for each of the schools
  - ACS
  - Middle School
  - LHS

- Other ideas? Please see this link for more examples:

<https://sites.google.com/ramsey.k12.nj.us/stigmafree2021/home>

-We discussed coordinating with other entities for support- ie. MACORE. Details for an event in May is forthcoming.