

## Leonida Stigma Free Task Force

### Minutes

1.11.21

#### In attendance:

Caroline Garcia, Jacki Szabo, Isabelle VanSickell

#### Old News:

Previous initiatives were discussed (Cards of Joy, social media posts for the holidays, Parent Support Group, DECA mental health awareness presentation at LHS).

#### New items:

We should have more of a presence on social media that offers statements on positivity and resources for community members. We also need to keep in mind that we need to reach others who do not use social media (Leonida Talks, Mom-to-Mom, Superintendent's Newsletter, etc.)

We discussed ways we can support parents and educators regarding how to speak with children/students about political unrest in the country and the events in DC. Isabelle has researched resources that will be shared with Dr. Bertolini.

Jacki discussed ways we can collaborate with the Mayor's Committee on Racial Equity

We discussed potentially having an art contest or poetry slam. Potential theme: How can we heal? Perhaps we can have virtual "meet the artist" sessions where artists can explain what inspired them when they were creating their artwork.

The next Parent Support Group meeting will be on Wednesday January 20th.

#### Tabled for next meeting:

- Mental Health First Aid training
- Mental Health Awareness Month- May