



MID-BERGEN REGIONAL HEALTH COMMISSION
& LEONIA BOARD OF HEALTH PRESENTS

SNACKS, MOVIE & FILM DISCUSSION WITH LEONIA'S HEALTH EDUCATOR

WEDNESDAY
JULY 12, 2023
11AM-1:30PM

LEONIA SENIOR CENTER
305 BEECHWOOD PLACE
LEONIA, NJ

FREE

RSVP BY SUNDAY, 7/9/23 TO
JAMIE - JSCLAFANE@NJLINC.S.NET

About the Film:

Fed Up exposes everything we thought we knew about food and exercise, revealing a 30-year campaign by the food industry to mislead and confuse the American public.

Participate in a lively, post film discussion with Leonia's Health Educator & learn strategies for maintaining a healthy diet.



JAMIE SCLAFANE, MS, MCHES®
HEALTH EDUCATOR-LEONIA
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